

# MEDICATION DISPOSAL WORKSHEET

## Medication Disposal:

	Ask your local government or pharmacy if they offer a drug "take-back" program. If available, take your unused medicines to a "take-back" center.
	Read the product packaging or patient literature for specific disposal instructions. Follow any instructions
	Check the US Food and Drug administration list for medicines recommended for disposal by flushing. If your drug is on the list, you may dispose of unused pills by flushing the medicines down a sink or toilet ( <a href="http://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/EnsuringSafeUseofMedicine/SafeDisposalofMedicines/ucm186187.htm#MEDICINES">http://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/EnsuringSafeUseofMedicine/SafeDisposalofMedicines/ucm186187.htm#MEDICINES</a> )
	If there are no take-back programs in your area, no specific disposal instructions and your medicine is not listed on the drugs recommended for flushing, then your drug should be thrown into the household garbage
	<ul style="list-style-type: none"><li>• Mix your unwanted pills with coffee grounds, kitty litter or some other unappealing substance</li></ul>
	<ul style="list-style-type: none"><li>• Put the pill/ coffee ground/ kitty litter mixture into a sealable bag</li></ul>
	<ul style="list-style-type: none"><li>• Place your sealed bag the garbage</li></ul>
	Before throwing away any pill bottles, be sure to scratch of the labels or used a marker to remove any identifying information

*Is your medicine cabinet filled with old, unused and expired prescriptions? What is the best way to properly dispose of your unwanted pills?*

*The safest way to get rid of unused drugs (both prescription and over-the-counter) is to give them to a community "take-back" program. These programs, which are offered by many state or county governments' trash and recycling services, collect unused drugs and safely dispose them. Contact your local government officials to find out if there are any "take-back" programs nearby.*

*If no take-back programs are available in your area, carefully read the drug label for disposal information. Drug companies will sometimes list specific disposal information on the drug container or patient information.*